

Kate Schwartz Physical Therapy, LLC Patient Record Form and Agreement

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Age: \_\_\_\_\_ R /L Handed? \_\_\_\_\_

Current Medications, Vitamins/Supplements, with dosages: \_\_\_\_\_

How and When did your present pain or injury begin? \_\_\_\_\_

Have you ever had anything like this before? Yes / No. Explain: \_\_\_\_\_

Where is your pain/symptoms: \_\_\_\_\_

Describe your current symptoms: \_\_\_\_\_

How does it interfere with your everyday life: \_\_\_\_\_

What increases your pain: \_\_\_\_\_

What decreases your pain: \_\_\_\_\_

Are your symptoms improving or worsening? \_\_\_\_\_ Are they intermittent or constant? \_\_\_\_\_

What activities impact your symptoms? \_\_\_\_\_

Rate today's pain from Best (0) to worst (10) . Best: \_\_\_\_\_ Worst: \_\_\_\_\_

Is your pain worse at certain times of the day? If so when: \_\_\_\_\_

Are there any restrictions set by your doctor? (Explain) \_\_\_\_\_

What is your occupation: \_\_\_\_\_

Are you currently working? Full time \_\_\_\_, Part time \_\_\_\_, Unemployed \_\_\_\_, Disability \_\_\_\_, Retired \_\_\_\_,

Modified duty \_\_\_\_. Out of work Date: \_\_\_\_\_ Days missed because of injury? \_\_\_\_\_ How does your problem

Interfere with work: \_\_\_\_\_

List the maximum amount of time you can tolerate the following activities before you need to change position:

Sitting : \_\_\_\_\_ Walking: \_\_\_\_\_ Driving: \_\_\_\_\_ As a passenger: \_\_\_\_\_

List any surgeries and dates: \_\_\_\_\_

Have you previously had PT? If so, when \_\_\_\_\_

Chiropractic? \_\_\_\_\_ Occupational Therapy? \_\_\_\_\_ Speech? \_\_\_\_\_ When? \_\_\_\_\_

Any X-rays, MRI's, CT Scan, EMG, etc? (Dates/results) \_\_\_\_\_

**PLEASE INDICATE ON THE DRAWING BELOW THE LOCATION OF YOUR SYMPTOMS**

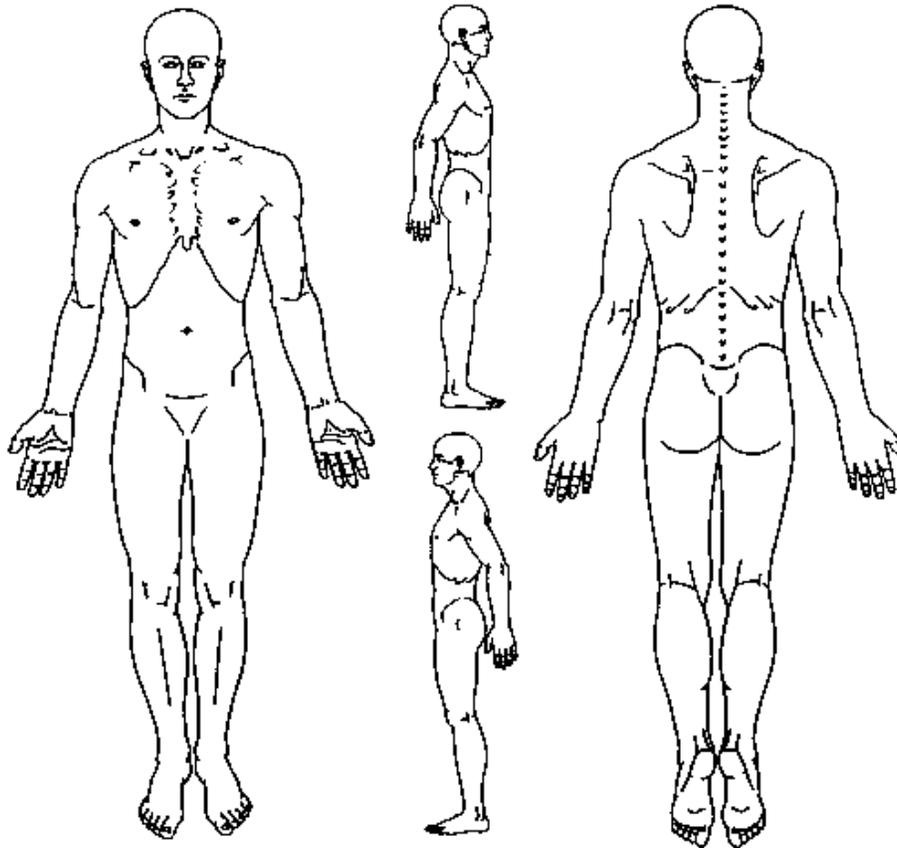
**P – Pain**

**N – Numbness**

**T- Tingling**

**B – Burning**

**A - Achiness**



Please check as many of the following health problems that you now have or have had:

- |                          |     |                             |     |                           |     |
|--------------------------|-----|-----------------------------|-----|---------------------------|-----|
| Anemia or Blood Disease  | ___ | Stomach/Intestinal Trouble  | ___ | Smoker (Y/N)              | ___ |
| Heart Trouble/Murmur     | ___ | Liver/Gallbladder Disease   | ___ | How much day              | ___ |
| High Blood Pressure      | ___ | Hernia                      | ___ | How long (yrs)            | ___ |
| Chest Pain/Angina        | ___ | Diabetes/Thyroid Disease    | ___ | Do you drink Alcohol? ___ |     |
| Shortness of Breath      | ___ | Sugar/Protein in Urine      | ___ | Beer/Wine? ___            |     |
| Lung Disease             | ___ | Kidney/Bladder Trouble      | ___ | How much day/wk? ___      |     |
| Allergy/Hay Fever/Asthma | ___ | Headaches/Migraine          | ___ | Do you exercise regularly |     |
| Eye Trouble              | ___ | Dizziness/Fainting          | ___ | (at least 3 times a week) |     |
| Deafness/Ear Trouble     | ___ | Nervousness/Mental Illness  | ___ | YES      NO               |     |
| Major Illness            | ___ | Paralysis/Nerve Disease     | ___ | Doing what? ___           |     |
| Varicose Veins/Leg Sores | ___ | Broken Bones                | ___ | Are you pregnant now? ___ |     |
| Cancer/Tumor/Cyst        | ___ | Joint or Back Injury        | ___ | Ages of children ___      |     |
| Bone/Joint Disease       | ___ | Arthritis/Bursitis/Ganglion | ___ | (if any)                  |     |
| Back/Disc problems       | ___ | Recent Weight Loss/Gain     | ___ |                           |     |
| Amputation Foot/Leg/Arm  | ___ | Loss of Sight               | ___ |                           |     |
| Multiple Sclerosis       | ___ | Cerebral Palsy              | ___ |                           |     |
| Head Injury              | ___ | Parkinson's Disease         | ___ |                           |     |
| Seizures/Epilepsy        | ___ | Stroke                      | ___ |                           |     |
| Chronic Osteomyelitis    | ___ | Tuberculosis                | ___ |                           |     |
| Phlebitis                | ___ | Hardening of Blood Vessels  | ___ |                           |     |
| Pacemaker                | ___ | Osteoporosis                | ___ |                           |     |
| Fibromyalgia             | ___ | Anxiety/Depression          | ___ |                           |     |

Describe your major medical problems: \_\_\_\_\_

\_\_\_\_\_